

Valproate ▼ (Epilim, Depakote, Convulex, Episenta, Epival, Kentlim, Orlept, Sodium Valproate, Syonell, Valpal, Belvo & Dyzantil)

Contraception and Pregnancy Prevention – Important information to know

- Valproate is an effective medicine for epilepsy and bipolar disorder.
- Valproate can seriously harm an unborn baby when taken during pregnancy.
- Always use effective contraception at all times during your treatment with valproate.
- It is important to visit your specialist to review your treatment at least once each year.

▼ These medicines are subject to additional monitoring. Report any side effects to www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store.

Keep this card safe so you always know what to do.

Important information for all girls and women who could become pregnant

Valproate ▼: Contraception and Pregnancy Prevention

What you must do

- Read the package leaflet carefully before use.
- Never stop taking valproate without discussing it with your doctor as your condition may become worse.
- If you are thinking about having a baby, do not stop using valproate and contraception before you have talked to your doctor.
- If you think you are pregnant, do not stop using valproate. Make an urgent appointment with your GP.
- Ask your doctor to give you the Patient Guide for **prevent** – the valproate pregnancy prevention programme.

prevent
valproate pregnancy
prevention programme